



Wallowa County Health Care District

JOB TITLE: Physical Therapy Assistant

FLSA STATUS: Non-Exempt - Union

DEPARTMENT: Therapy

DATE: February, 2023

REPORTS TO: Therapy Supervisor

APPROVED BY: Therapy Director

JOB SUMMARY:

The Physical Therapy Assistant (PTA) will work under the supervision of a licensed Physical Therapist (PT) with administering treatments as outlined in the patient plan of care.

MISSION, VISION & VALUES:

The successful candidate(s) must share and demonstrate through job performance (and will be evaluated on) the ability, willingness and successful application of support for the Mission, Vision and Values of the District:

Mission: To provide premier Health Care

Vision: To be a recognized leader in mission focus, quality care, and fiscal strength Values: Compassion, Respect, Integrity, Quality, Stewardship, and Family

ESSENTIAL DUTIES & RESPONSIBILITIES:

Includes the following and other duties may be assigned. Nothing in this job description should be inferred to condone an employee acting out of their scope of license. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- Treats patients based on plan of care developed by a P.T. to relieve pain, develop or restore function to optimal ability, using physical means, such as exercise, massage, heat, cold, water, light and electricity, for example:
 - Directs and aids patients in active and passive exercises, muscle reeducation, progressive gait training, activities of daily living, transfer activities, functional training, and prosthetic training.
 - Makes use of equipment such as electrical stimulation, iontophoresis, paraffin bath, TENS, and ultrasound.
 - Gives contrast baths and applies moist heat packs, cold packs.
- Instruct, motivate, safeguard, and assist patients as they practice exercises or functional activities.
- Observe patients during treatments to compile and evaluate data on their responses and progress and provide results to physical therapist in person or through progress notes.
- Instruct patients in proper body mechanics and in ways to improve functional mobility, such as aquatic exercise.
- Instructs patients in care and use of wheelchairs, walkers, crutches, canes and prosthetic and orthotic devices.
- Instructs other health team personnel and family members in phases of physical therapy with which they may work with the patient.
- Informs family on patient's therapy program.
- Attends regular in-service programs relating to professional and managerial development.
- Contributes to the development and the periodic evaluation of the in-service program.
- Documentation of treatment notes and modalities used, as well as patient progress through the treatment process reviewed by the physical therapist on a daily basis.
- Is responsible for their continuing education requirements for license.
- Participates in case conferences.
- Orders and discontinues rental equipment.
- Maintain an excellent relationship with other health oriented professionals, the patients, and the public; help maintain an orderly department; maintain the safety and confidentiality of patients at all times; and uphold a high standard of professionalism.

QUALIFICATIONS & EXPERIENCE:

WCHCD- Physical Therapy Assistant - Last Review:07/19/2023



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- Graduate from a skilled technical program (usually 2 years) approved by the American Physical Therapy Association.
- Possession of a valid license to practice in the state of Oregon.
- Possession of a valid Driver's License.
- Current CPR Certification or ability to attain within 30 days of hire.

CORE COMPETENCIES:

- Compassion – Welcomes, mentors and receives new team members. Shows concern for the welfare of others.
- Respect – Manages conflict with respect and dignity for others. Attempts to address issues before escalating.
- Integrity – Owns professional development and seeks self-development. Uses good judgment in resolving job problems. Generates and evaluates alternative solutions and makes effective and timely decisions.
- Quality - Pays close attention to detail. Strives to achieve excellence in all things.
- Stewardship – Careful and responsible management of WCHCD resources. Finds productive work to keep busy during slack periods.
- Family – Creates and participates in a team environment. Applies effective interpersonal and problem- solving skills when responding to coworkers, patients and visitors.

POSITION SPECIFIC COMPETENCIES:

- Customer and Personal Service — Knowledge of principles and processes for providing customer and personal services. This includes customer needs assessment, meeting quality standards for services, and evaluation of customer satisfaction.
- Active Listening — Giving full attention to what other people are saying, taking time to understand the points being made, asking questions as appropriate, and not interrupting at inappropriate times.
- Monitoring — Monitoring/Assessing performance of yourself, other individuals, or organizations to make improvements or take corrective action.
- Speaking — Talking to others to convey information effectively.
- Service Orientation — Actively looking for ways to help people.
- Critical Thinking — Using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to problems.
- Instructing — Teaching others how to do something.
- Judgment and Decision Making — Considering the relative costs and benefits of potential actions to choose the most appropriate one.

WORK ENVIRONMENT:

The work environment characteristics described here are representative of those that an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. The noise level in the work environment is usually moderate. This position walks, sits, stands, bends, lifts and moves continually during working hours. The position is subject to lifting objects weighing over 50 pounds, pushing wheel chairs, and transporting and supporting patients. The employee must be constantly alert for patient safety.

WCHCD CODE of CONDUCT & CONFIDENTIALITY STATEMENT:

As an employee of Wallowa County Health Care District (WCHCD) you must agree to abide by the following code of Conduct/Confidentiality Statement.



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I understand and agree that in the performance of my duties I must hold medical information in confidence. I understand that any violation of the confidentiality of medical information may result in punitive action. I will at all times protect the safety of our patient/residents understanding that they are our “customers” and the reason for our employment. I will avoid any and all personal conflicts of interest as it relates to my position at this facility. I agree to abide by the dress code for WCHCD. I will not use any of the assets of WCHCD for personal use. I will abide to all rules and regulations of the State of Oregon and the United States in relation to the operation of a medical facility. I will treat my co-workers at all times in a professional & courteous manner. I will strive to always work as a team player with my co-workers. I agree to report any perceived medical/facility operation noncompliance issues immediately through the compliance reporting process.

I have read and understand the above job description.

Employee Signature

Date